

# Attention 7th and 8th Grade Girls

If you are interested in trying out for Volleyball, tryouts will be held on Wednesday August 16th and Thursday August 17th from 3:00-4:30 in the Gym.

Please be on time, dressed and ready to go.

Bring knee pads if you have them and make sure to have appropriate shoes (tennis shoes).  
**DO NOT WEAR VOLLEYBALL SPANDEX TO SCHOOL, THESE ARE ONLY ALLOWED TO BE WORN AT TRYOUTS!**

Most importantly: Do not forget your signed permission slip or you will not be able to try out.

Looking forward to seeing you all at tryouts!!!

Coach (Lori) Nice-

\*If you have any questions about tryouts please contact me at [lnice@sylvan.k12.ca.us](mailto:lnice@sylvan.k12.ca.us)